



YMCA of
Three Rivers

GUARD

Dive into *Aquatic Leadership* at the Y.



Swim.Teach. *Save Lives.*

Responsibility, problem solving, leadership, teamwork - these are just some of the skills you'll gain on your path to becoming a Lifeguard and Swim Instructor. And along the way, you'll make memories and build friendships that will last a lifetime.

From the first lifesaving course you take, you'll be doing your part to make our communities a safer place. *Are you up for the challenge?*

Visit **thisisy.ca/aquaticleadership** to learn more.