TRUSTEE CONFERENCE REPORT
Please attach to your Professional Development/Conference Expense Reimbursement Form. Thank you.

Name: Courtney Waterfall
Date Submitted: October 11, 2018
Name of Conference: Principals' Conference
Sponsoring Organization: WRDSB
Theme (If any): Maximizing Potential
Conference Dates: September 27-29, 2018
Location: Oakwood Resort, Grand Bend

Workshops/Seminars/Presentations/Keynote Speeches Attended:

Dean Huyck - spoke about the importance of mindfulness. You don't have a special place, you don't have to do it in a special way, you just need to incorporate it into your life. He spoke about Robert W. Coleman Elementary in Baltimore where they do meditation instead of detention. They have a mindful moment room where kids who are being disruptive can go and take some time and come back to class. They have reported a more positive school environment and less kids being sent to the office.
Mr. Huyck spoke about administrators being dealers of hope. He also spoke about challenging the way we view outcomes and creating a better environment and learning conditions. He also spoke about truly living in the moment. We are so focused on social media and our devices. Actually live.

Follow-up Q&A with Dean Huyck - administrators had an opportunity to ask more in depth questions about Dean's presentation. How can we incorporate this into our school culture while still having to be accountable for academic achievement?

Karl Subban - gave a great speech about motivation. He spoke about being a difference maker and believing in kids' potential. Every child came into the world with the gift called potential. "What you think you say, what you say you believe, what you believe you do."
"My potential lies inside me, it gives me the ability to reach for something so I can do more, be more, to become more."