

## Boys and girls aged 6 to 14 are welcome!

Campers will be introduced to traditional and new sports that build confidence, inspire teamwork and develop new skills in sport but also for life. We are all about sport experiences through fun and engaging activities that encourage children to be healthy in body and in mind.

## Come and play...

- Basketball
- Soccer
- Badminton
- Volleyball
  - Lacrosse
    - Baseball | Softball
      - Soccer Baseball
        - Cross Country | Running
        - Pickleball
        - Ultimate Frisbee
        - Biking
        - Ball Hockey
        - Dodgeball
        - Speedminton
        - Spikeball

## and some new ones such as...

- Table Tennis
- Ping Pong
- Laser Tag
- Tennis
- Agility Ball

Also create your own sport!

