



AP 1238 – EXEMPTION FROM INSTRUCTION RELATED TO THE HUMAN DEVELOPMENT AND SEXUAL HEALTH EXPECTATIONS

Having reviewed the Human Development and Sexual Health expectations in the elementary Ontario Health and Physical Education curriculum for my child’s grade, I would like my child to be exempted from instruction related to these expectations, without academic penalty, for the following reason: _____

During the exemption period, I would like my child to [select one only]:

- remain in the classroom without taking part in instructional activities related to Human Development and Sexual Health. I understand that my child’s activities unrelated to Human Development and Sexual Health during the exemption period will be at the discretion of the teacher.
Be released into my care or the care of my approved designate.

NOTE: If one of the [] options above is not selected, the child will be excluded from instruction during the exemption period.

Notice of Period of Instruction*

For the _____ school year, the period of instruction related to the Human Development and Sexual Health expectations in your child’s grade will start on _____ [insert date] and end on _____ [insert date].

I understand and agree with the following statements:

- the Human Development and Sexual Health expectations in strand D of the health and physical education curriculum are different in every grade, so I must submit a completed exemption form every school year, for each child, in order for the child to be exempted from instruction related to Human Development and Sexual Health expectations in that school year;
references to or conversations about sexual health-related concepts among teachers, school staff, or other students outside formal instruction in Human Development and Sexual Health are not subject to this exemption;
my child will continue to receive instruction related to all other elementary health and physical education curriculum expectations;
requests for exemption made by phone, or exemption forms or written requests that do not have a parental signature, will not be accepted;
this exemption form must be returned by _____ [enter date] followed by a meeting with the principal, for my child to be excluded from instruction related to the Human Development and Sexual Health expectations in strand D of The Ontario Curriculum: Health and Physical Education, Grades 1–8, 2019.

Child’s Last Name Child’s First Name Grade and Class Date

Parent/Caregiver Name (print) Parent/Caregiver Signature

PLEASE NOTE:

You will receive an acknowledgement from the school by with a suggested day/time for a meeting with the principal.

If you do not receive an acknowledgement, please contact: _____ [Principal name here].

Please return this signed form no later than: _____ [insert date] 5 Days before period of instruction begins.

* In this form, the period of instruction refers to the period, including the beginning and end dates, during which instruction in Human Development and Sexual Health during health and physical education classes is delivered. This period could extend over several days or weeks, depending on individual school calendars and teacher lesson plans.