Chlöe’s Friend Den
in collaboration with Adopt4Life!

1. My Brain
2. Super You
3. Capturing Kindness
4. Making Choices
5. Muscles and Me
6. Cooking Club
7. Storytelling Yoga
8. Art and Mixed Media
9. STEM Lego
10. Rhythmic Round Circle

Program outline details: http://recrespite.com/chloesprograms/

Our 8-week recreation pilot program for kids is a safe, inclusive and fun way for your child to explore new interests. It’s also a great opportunity to develop coping strategies, self-regulation tools, anti-bullying strategies and make new friends with the help of our skilled team.

Location: 199 Saginaw Parkway Cambridge, ON N1T 1T9

Dates: Monday evenings
March 23, 30 April 6, 13, 20, 27 May 4, 11
Time: 6:15 - 7:45pm
Cost: $105.00 + Tax, for all sessions

Contact us today for registration or more information:
1-877-855-7070 or groups@recrespite.com
www.recrespite.com