1. Preamble

1.1 The Waterloo Region District School Board (WRDSB) partners with community agencies and organizations to support a comprehensive awareness, prevention and intervention strategy that prohibits gambling and the use of alcohol, tobacco, vapour products and other drugs on school grounds.

1.2 The WRDSB prevention strategy provides a framework for learning about:
   - prevention of substance use and gambling problems through the delivery of a comprehensive curriculum, grades K-12
   - intervention strategies with student/youth at risk of developing or having substance use or gambling problems, by actively promoting harm reduction approaches, treatment and recovery programs and services
   - identification, assessment and referral to community agencies, resources and service providers to address substance use and gambling problems

2. Community Collaboration (Waterloo Region Integrated Drug Strategy – WRIDS)

2.1 The WRDSB collaborates with a number of community partner agencies and service providers, collectively known as the Waterloo Region Integrated Drug Strategy (WRIDS) to deliver education programs and services in alignment with the following strategy pillars:
   - Prevention
   - Harm Reduction
   - Treatment and Recovery
3. Definitions

3.1 Prevention Pillar – this pillar includes interventions that seek to prevent or delay the onset of substance use and address root causes of use. This pillar committee is currently working to develop school and community curriculum to prevent and reduce the use of alcohol and drugs among youth.

3.2 Harm Reduction Pillar – to reduce the harms to individuals and communities resulting from problematic substance use. Led by the Region of Waterloo Public Health Department, this committee is currently working to increase sector capacity across harm reduction programs and services. They are also working to raise harm reduction awareness and reduce drug related stigma.

3.3 Treatment and Recovery Pillar – recovery and rehabilitation committee is working to improve the physical and emotional well-being of people who use or have used substances. They are currently addressing gaps in treatment including more complex behaviors that result at the intersection of substance use and mental health including meth use.

3.4 Enforcement and Justice Pillar – is addressing community safety to address crime and community disorder as a result of substance use. It includes partnerships with the police, courts, corrections and community reintegration services.

3.5 WRIDS Integration – The Waterloo Region Integrated Drugs Strategy Steering Committee and the Coordinator tie the strategy together at the intersection of services, programs, policies and work that crosses the four pillar committees.

4. Families and Caregivers

4.1 The WRDSB offers families and caregivers opportunities that provide information about substance abuse/addiction, self-care and parenting approaches that are supportive of their student/youth. Families and caregivers are a vital component of each youth’s treatment and recovery plan.

5. Communication

1.1 The WRDSB will regularly communicate about the goals of the Waterloo Region Integrated Drug Strategy (WRIDS), resources and service providers available across Waterloo Region and specific safety alerts as they relate to substance use.

1.2 The WRDSB will engage in a three year cyclical review of the Integrated Drug Strategy to ensure that it remains relevant and effective.